



Taijutsu - Karate - Muay Thai - Brazilian Jiu Jitsu - Self defence

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ZKS Martial Arts Attendance and Assessment Policy for Advanced Belts

Overview of the Policy At ZKS Martial Arts, we strive to provide a structured and effective training environment tailored to the needs of our advanced students, those at the level of Purple Belt and above. This policy outlines the requirements and expectations for attendance and assessments to ensure optimal skill development and readiness for higher belt achievements.

- **Attendance Requirements**
 - Enhanced Training for Advanced Belts: To master the more complex and demanding techniques required at advanced levels, students with Purple, Purple Tag, or Brown Belts must attend at least two classes per week.
 - Premium Membership Option: For £48 per month, our Premium membership allows students to attend two classes per week, supporting frequent and consistent training that is essential at these levels.
- **Rationale for Increased Attendance**
 - Skill Development: Regular and repeated practice is crucial for advancement in martial arts, especially as the curriculum intensifies at higher belt levels.
 - Preparation for Assessments: Attending two classes per week ensures that students are adequately prepared for the mini-assessments required for belt promotions.
- **Mini-Assessment Eligibility**
 - Frequency and Readiness: Only students who attend two classes per week will be invited to the mini-assessments, ensuring they have practised sufficiently to meet the expected standards.
 - Impact of Limited Attendance: Students attending only one session per week may see a delay in their progress, as they will need to complete all required assessments within their attendance schedule to qualify for belt promotions.
- **Adjustments for Standard Membership**
 - Equivalent Attendance for Assessments: Students on a Standard membership, attending once a week, must reach an attendance level equivalent to what a Premium member would achieve in one term (approximately 24 sessions) before becoming eligible for the subsequent mini-assessment.
 - Scheduling of Mini-Assessments: These students will be invited to assessments typically at the end of the next term after they have reached the required attendance threshold.
- **Expectations for Brown and Purple Belts**
 - Quality of Training: Attending two sessions per week is essential for these students to fully benefit from the advanced teaching and to reach the performance standards expected at these levels.
 - Preparation for Black Belt: For those approaching the Black Belt level, consistent attendance is critical to prepare adequately for this significant milestone.

Conclusion and Implementation

This policy ensures that all our students have the best opportunity to develop their skills and achieve their martial arts goals. We encourage parents and students to view this as an opportunity to commit to their martial arts journey and reap the benefits of disciplined and consistent training. For more details or specific questions, please discuss with your instructor during class. This policy is effective immediately and will be communicated to all members to ensure clarity and compliance.